

# N.C.I.B.H. REGISTRATION FORM

Date \_\_\_\_\_

## Section I—About You

Name \_\_\_\_\_  
Last First Middle

Address \_\_\_\_\_  
Street City State Zip

Home phone: (\_\_\_\_) \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Email address: \_\_\_\_\_ Fax: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male \_\_\_ Female \_\_\_ Referred by \_\_\_\_\_

Name of Employer: \_\_\_\_\_ Employer Phone Number: \_\_\_\_\_

Employer Address: \_\_\_\_\_  
Street City State Zip

[1] Name of physician to receive report: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

[2] Additional physician to receive report: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

[3] Additional physician to receive report: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

May we contact you about participating in clinical research studies? \_\_\_\_\_ Yes \_\_\_\_\_ No  
Initials initials

## Section II—About Your Insurance

[1] Name of Primary Insurance Company:

Medicare  Other: \_\_\_\_\_

[1a] Name of Subscriber:

Self     Other: \_\_\_\_\_ DOB: \_\_\_ / \_\_\_ / \_\_\_

Other Subscriber SS#: \_\_\_\_\_

[2] Name of Secondary Insurance Company:

\_\_\_\_\_

[2a] Name of Subscriber:

Self     Other: \_\_\_\_\_ DOB: \_\_\_ / \_\_\_ / \_\_\_

Other Subscriber SS#: \_\_\_\_\_

### Section III- Records Release

By signing below, you acknowledge that the results of your bone density test can or may be sent via facsimile to your physician and, if applicable, to the other medical providers that you have indicated on the reverse side of this form. **Moreover, your signature below allows for the fax and/or release of any of your previous bone density reports and pictures from any facility other than NCIBH.**

### Section IV- Financial Responsibility

Medicare: NCIBH accepts assignment from Medicare. If I do not have a secondary insurer (a Medicare supplement), I understand that I will be responsible for the co-payment.

Other insurance: I understand that, for insurance to cover this test, I need (1) a prescription from my physician, and (2) authorization from my insurance company to have the test performed at NCIBH, if required. I am responsible for getting the prescription and making sure that either I or my physician gets any prior authorizations(s) which is/are required.

Patient liability: I am responsible for payment if my insurance does not pay for this test.

\_\_\_\_\_  
**Patient's Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Print Name**

**NORTHERN CALIFORNIA INSTITUTE FOR BONE HEALTH, INC.  
3100 Telegraph Avenue  
Suite 3000  
Oakland CA 94609-3223  
Phone: (510) 625-9100 Fax: (510) 625-9123**

## **COMPLIANCE ASSURANCE NOTIFICATION FOR OUR PATIENTS**

To Our Valued Patients:

The misuse of Personal Health Information (PHI) has been identified as a national problem costing patients inconvenience, aggravation, and money. We want you to know that all of our employees, technicians, and physicians continually undergo training so that they may understand and comply with government rules and regulations regarding the Health Insurance Portability and Accountability Act (HIPAA) with particular emphasis on the "Privacy Rule". We strive to achieve the very highest standards of ethics and integrity in performing services for our patients.

It is our policy to properly determine appropriate use of PHI in accordance with the governmental rules, laws, and regulations. We want to ensure that our practice never contributes in any way to the growing problem of improper disclosure of PHI. It has always been our policy not to release any medical information or records to anyone that has not been authorized by you the patient. We are continuing that policy in compliance with recent regulations affecting PHI.

Thank you for being one of our highly valued patients!

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Patient Signature

Northern California Institute for Bone Health, Inc.  
3100 Telegraph Avenue  
Suite 3000  
Oakland CA 94609-3223  
Phone: (510) 625-9100 Fax: (510) 625-9123

PATIENT QUESTIONNAIRE

Name \_\_\_\_\_

DOB \_\_\_\_\_

Sex \_\_\_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_

Ethnicity \_\_\_\_\_

MD who ordered test \_\_\_\_\_

Primary Care MD \_\_\_\_\_

Other consulting MD's \_\_\_\_\_

Is there a chance you might be **PREGNANT**?                      no/yes

Medications taken (prescription & over the counter):

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Have you had previous central (hip/spine) bone density tests, DXAs (DEXAs) no/yes

Peripheral bone density tests (forearm, heel, ultrasound) no/yes

Where \_\_\_\_\_

When \_\_\_\_\_

Have you had a nuclear medicine study or a study with **contrast** (Upper GI, CT, barium enema) less than 10 days ago? no/yes

If so, please call/tell our receptionist to reschedule your appointment as contrast will affect your test results.

Have you had any fractures (broken bones) no/yes

If yes, body part/site \_\_\_\_\_

How old (age or year) were you? \_\_\_\_\_

How did they occur (e.g. fall, auto accident, etc.) \_\_\_\_\_

Have either of your parents had any fractures? no/yes

Mother

Hip n/y

Body part/site \_\_\_\_\_

How old? \_\_\_\_\_

Father

Hip n/y

Body part/site \_\_\_\_\_

How old? \_\_\_\_\_

Any of your siblings (brothers or sisters) had any fractures? no/yes

Siblings

Hip n/y

Body part/site \_\_\_\_\_

How old? \_\_\_\_\_

Do you currently smoke tobacco? No/yes  
how much? \_\_\_\_\_

How old when started? \_\_\_\_\_

Did you previously smoke tobacco? no/yes How much? \_\_\_\_\_

How old when started? \_\_\_\_\_ How old when stopped? \_\_\_\_\_

Did you ever take corticosteroids (steroids, prednisone, prednisolone etc, pills, iv)? no/yes

Why? \_\_\_\_\_ How much? \_\_\_\_\_ How many years? \_\_\_\_\_ More than 3 months? no/yes

Do you have rheumatoid arthritis? no/yes

If yes, how many years? \_\_\_\_\_

Treatment? \_\_\_\_\_

Have you been told you have any other medical condition that might have weakened your bones? no/yes

If yes, what condition? \_\_\_\_\_

Celiac Disease no/yes

Organ transplant no/yes

Pagets disease no/yes

Immobility no/yes

Kidney dialysis no/yes

Kidney failure no/yes

Other? \_\_\_\_\_

Do you drink alcohol? no/yes

Do you take more than 2 units (a unit is a can of beer, glass of wine, shot of hard alcohol) daily? no/yes

Are you taking any treatment for osteoporosis now?      no/yes

Calcium: What type & strength \_\_\_\_\_ How many/day \_\_\_\_\_

Vitamin D: What type & strength \_\_\_\_\_ How many/day \_\_\_\_\_

Estrogen (please circle)    patch    pill    cream  
strength \_\_\_\_\_ How long? \_\_\_\_\_

Progesterone (please circle)    patch    pill    cream    strength \_\_\_\_\_ How long? \_\_\_\_\_

Raloxifene (Evista™)

Bisphosphonates:

Oral:

Alendronate (Fosamax™)    pill    liquid  
    5mg/d    10mg/d  
    35mg/wk    70mg/wk  
    70mg Plus D

Ibandronate (Boniva™)  
    150mg monthly  
    Other

Risedronate (Actonel™) 5mg/d 35mg/wk

IV Pamidronate (Aredia™)    How much?      How often?      How long?

Zoledronic Acid (Zometa™ or Reclast™)    How much?      How often?  
How long?

Testosterone patch/pill/shot    How much? \_\_\_\_\_ How often? \_\_\_\_\_ How long? \_\_\_\_\_

Other \_\_\_\_\_ (etidronate(Didronel™), tibolone, strontium, etc.)

Anabolic Agent:

Teriparatide (Forteo™) How often? \_\_\_\_\_ How long? \_\_\_\_\_ When started? \_\_\_\_\_ When finished? \_\_\_\_\_

Type I Diabetes Mellitus? no/yes

Type II Diabetes Mellitus? no/yes

High blood calcium no/yes

Sun exposure? no/yes

Don't go out in sun much \_\_\_\_\_ not at all \_\_\_\_\_

Sun block use? no/yes Usual SPF used? \_\_\_\_\_ Before going into the sun? no/yes

After going into the sun? no/yes

Hyperthyroidism? no/yes

Hypothyroidism? no/yes

Thyroid medication? no/yes If yes, what type? \_\_\_\_\_

Dosage: \_\_\_\_\_

Dairy product intake:

What: \_\_\_\_\_

How often: \_\_\_\_\_

Lactose intolerant: no/yes

Have you ever had radiation therapy for cancer? no/yes

Have you ever had a blood clot? no/yes If yes,  
When? \_\_\_\_\_ Where in body \_\_\_\_\_

Have you ever had breast cancer? no/yes

Have you ever had ischemic heart disease (heart attack, angina, coronary artery disease)? no/yes

Eating disorder (bulimia, anorexia)? no/yes If yes, for how long? \_\_\_\_\_ lowest weight \_\_\_\_\_

Gastric Bypass? no/yes If yes, how old were you? \_\_\_\_\_ Type if you know? \_\_\_\_\_

Have you fallen in the last year? no/yes

Have you fallen in the last month? no/yes

Hip, spine or forearm surgery? no/yes if spine, what type \_\_\_\_\_ what level \_\_\_\_\_

Joint replacements? no/yes

Scoliosis? no/yes

Ever been told you have curvature of the spine or arthritis in the spine? no/yes

Exercise? \_\_\_\_\_ What kind? \_\_\_\_\_

How many times per week? \_\_\_\_\_ How long each session? \_\_\_\_\_

**Men only:**

Have you experienced impotence or decreased sexual function? no/yes

**Women only:**

Menarche (periods started) at what age? \_\_\_\_\_

Regular? no/yes Irregular? no/yes

Menopause (periods stopped) at what age? \_\_\_\_\_

Did periods stop naturally? no/yes

Periods stopped through chemotherapy? no/yes

Hysterectomy? no/yes Ovaries removed? one/both

Periods stopped through other means? \_\_\_\_\_

Amenorrhea (periods stopped for six months or more not due to pregnancy)? no/yes

Number of pregnancies \_\_\_\_\_ Age of first pregnancy \_\_\_\_\_

Have you ever used DepoProvera? no/yes If yes, for how long? \_\_\_\_\_

Have you ever used oral contraceptives no/yes if yes, number of years \_\_\_\_\_

If yes, type/name remembered  
\_\_\_\_\_

**Would you be interested in participating in research studies? yes/no**